

## THE IMPORTANCE OF ORGANIZING AND CONDUCTING MILITARY-SPORTS COMPETITIONS IN THE UPBRINGING OF YOUNG PEOPLE IN THE SPIRIT OF MILITARY PATRIOTISM

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**Annotation:** *This article describes the importance of holding military sports competitions in adulthood as a true patriotic person, raising a wise, educated generation, realizing its intellectual potential, maturing in the spirit of physically healthy spirit, manners and universal ideas in the organization and conduct of military sports competitions in the education of young people in the spirit of military patriotism.*

**Keywords:** *Patriot, competition, military sport, measures.*

At the present stage of the social development of our republic, the issue of raising an educated, wise generation, physically healthy, spiritually, persistently matured in the spirit of morality and universal ideas, and restoring the National gene pool to health was raised to the Rajah of state policy. Gaining interest in sports among young people, popularization of Sports has risen to the level of work carried out in the first place before the leadership of our state. Today, large-scale, clearly oriented measures are being implemented in our country to educate a healthy and competent generation, to realize the creative and intellectual potential of young people, to create the necessary conditions and opportunities for bringing young and young people of our country to adulthood, fully meeting the requirements of the XXI century.

Military sports competition means mastering the subject of preliminary training before this call, conducting the conclusion of the work of the circle and training sessions.

Each competition must be held under the terms of the approved program. This program is considered to be the main document of the competition. The competition program is approved by the director two months before the competition is held. The program takes effect after approval, and it is strictly prohibited to make changes both during the competition and after the competition. The competition program usually consists of 10 sections:

- the goals and objectives of this competition will be highlighted;

- the place and time of the competition will be indicated;
- race leadership information;
- who is entrusted with the material maintenance of the competition;
- competition participants and squad of teams;
- competition program;
- conditions for holding the competition;
- order to determine the first and winners of the individual competition;

order of merit;  
the procedure for applying for participation in competitions is indicated.

The results shown in competitions will depend above all on the quality of the participants' preparation for the competition.

Two months before the start of competitions, the conditions of the competition will have to be considered by the participants, the normatives in the military "Alpomish" and "Barchinoy" special tests of each sport. For the participants of the competition, each sport is permanent, training can be organized 2-3 times a week.

It is advisable to draw up the squad of the team and conduct final Test control no earlier than a week after applying for the competition.

Based on the results of this Test control, it is possible to determine the main composition of the team. During the preparation period for competitions, it is very important to bring the equipment of sports inventory, equipment and weapons in good condition.

The quality of competitions and their orderly passage will depend on the thorough preparation of their educational material base. Where the competition will be, who and where will prepare the treadmills, which tirade will be used for shooting, and all similar questions should be clearly and clearly outlined. It is also very important to correctly determine the possibilities of accepting athletes in one or another sports facility. For example, only 1 person will fit in the grenade launcher area. The time required to perform the exercise (1 chance) is 1 minute. If the program shows the use of 2 possibilities, the time it takes to do the exercise on its own will also increase by 2 times, that is, 2 minutes. The team consists of 20 people. Therefore, it takes the team 40 minutes to do this exercise. 5 more minutes are allocated to the exchange of teams, preparation. Thus, it will take a total of 3 hours for the grenade throwing Military 4-team competition.

Such accounts should also be drawn up for competitions in each sport. This will help to properly organize and hold competitions on time.

The forms and styles of mass - defense work considered above are different districts. The organization and conduct of these works should be approached creatively by teachers of military education. Because, the student means arming young people with military knowledge, cultivating a passion for the occupation of military professions in them, widely promoting military-sports among young people, with the help of these activities, cultivating in them feelings of love and loyalty to Uzbekistan, its Armed Forces.

Our President, The Supreme Commander-In-Chief Of The Armed Forces Of The Republic Of Uzbekistan Sh.As Mirziyoev noted,"our national army should be a school of self-sacrifice, valor and true patriotism for thousands or thousands of our sons." Of course, reaching such goals, achieving planned results requires teachers, organizers of mass defense work to have great qualities of strength, erudition, high Organization. Having approached his work in a creative way and deeply felt that preparing young people for the protection of the motherland, putting these activities into practice in different styles and forms, is one of the most important tasks of State importance, teachers will certainly succeed in fulfilling these honorable tasks assigned to them.

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