

READING AS A TOOL TO ENHANCE SPEAKING SKILLS IN FOREIGN LANGUAGE EDUCATION: INSIGHTS FOR SCHOOLS IN UZBEKISTAN**O'QISH CHET TILLAR TA'LIMIDA NUTQ MAHORATINI OSHIRISH VOSITASI SIFATIDA: O'ZBEKISTON MAKTABLARI UCHUN TUSHUNCHALAR****ЧТЕНИЕ КАК ИНСТРУМЕНТ РАЗВИТИЯ НАВЫКОВ ГОВОРЕНИЯ В ПРОЦЕССЕ ОБУЧЕНИЯ ИНОСТРАННЫМ ЯЗЫКАМ: РЕКОМЕНДАЦИИ ДЛЯ ШКОЛ УЗБЕКИСТАНА****Marjona Tursunaliyeva***MA in TESOL, Graduate of Webster University in Tashkent**Email: marjnluna@gmail.com*

Abstract: *This article explores the educational opportunities of using short, authentic, and semi-authentic reading texts to promote lexical resources and speaking development. Referring to the principles of CLT (Communicative Language Teaching) and the latest research, it offers strategies for integrating combined reading and speaking activities in the classroom. Moreover, it highlights the practical advantages for students within the Uzbek school context.*

Abstrakt: *Ushbu maqola leksik resurslar va nutqni rivojlantirish uchun qisqa, haqiqiy va yarim haqiqiy o'qish matnlaridan foydalanishning ta'lim imkoniyatlarini o'rganadi. CLT (Kommunikativ tilni o'rgatish) tamoyillari va so'nggi tadqiqotlarga tayanib, u sinfda o'qish va nutq faoliyatini birlashtirish strategiyalarini taklif qiladi. Bundan tashqari, u o'zbek maktabi sharoitida o'quvchilar uchun amaliy afzalliklarni ta'kidlaydi.*

Аннотация: *В данной статье рассматриваются образовательные возможности использования коротких, аутентичных и полуаутентичных текстов для чтения с целью развития лексического запаса и говорения. Ссылаясь на принципы коммуникативного обучения языку (CLT) и новейшие исследования, автор предлагает стратегии интеграции комбинированных упражнений по чтению и говорению в классе. Кроме того, в статье подчёркиваются практические преимущества для учащихся в условиях узбекской школы.*

Keywords and expressions: *Reading, communication skills, speaking, authentic texts, vocabulary.*

Tayanch so'z va iboralar: *O'qish, muloqot qobiliyatlari, nutq, haqiqiy matnlar, lug'at*

Ключевые слова и выражения: Чтение, коммуникативные навыки, говорение, аутентичные тексты, словарный запас.

1. Introduction

Developing speaking skills is a crucial goal in foreign language education, particularly in countries like Uzbekistan, where English proficiency is increasingly vital for academic and career advancement. While speaking practice is often conducted independently, research shows that reading can play a significant role in supporting oral skills when utilized effectively. Reading expands learners' vocabulary, improves their grasp of grammatical structures, and exposes them to diverse discourse patterns that can be applied in speaking situations (Mansurov,2025).

2. Methods

2.1 The Relationship Between Reading and Speaking

Reading and speaking are both interactive skills that influence each other:

- **Vocabulary Development:** Reading enhances speaking abilities by broadening vocabulary and offering examples of sentence construction and discourse. Learners who read a lot are more capable of expressing themselves clearly and effectively in both writing and speaking (Mansurov,2025).
- **Grammar Skills:** The most effective method to enhance reading comprehension and grammatical proficiency is through the reading of books. (Yokubova et al.,2022)Reading helps students internalize correct sentence structures, which improves their ability to produce accurate spoken sentences.
- **Discourse and Fluency:** Reading exposes learners to organizational patterns like argumentation and narration, supporting coherent and fluent speech(Mansurov,2025).

In Uzbek classrooms, where direct chances for real-world English conversation are limited, reading serves as an important input source that makes up for the absence of immersion.

2.2 Strategies for Combining Reading and Speaking in Uzbek Secondary Schools

Pre-reading Speaking Activities

Conducting a brainstorm and a discussion before engaging with a short text encourages students to predict ideas and make possible assumptions about the content. This activity helps students to escape foreign language anxiety (Horwitz et al., 1986) and prepares them for better comprehension.

Reading Aloud and Role-Playing

Reading dialogues aloud and acting them out helps improve pronunciation, intonation, and fluency (Massaro, 2017). Uzbek learners, especially at the B1 level, gain from dramatizing situations such as daily conversations or interviews.

Text-Based Discussion and Retelling

Group or pair review and discussion of the text helps students summarize and identify key ideas and provides a better understanding. This activity enhances paraphrasing abilities and fosters spontaneous speech using memorized vocabulary in context.

Problem-Solving and Debates Based on Readings

Short stories, opinion pieces, and question-based texts can help teachers organize debates where students are encouraged to share their point of view and justify it orally so that they develop strong communication skills and feel more confident using them.

3. Results

3.1 Pedagogical Benefits and Their Relevance to Uzbekistan

- Contextualized Speech: Students develop speaking skills through content-based activities rather than isolated drills.
- Increased Motivation: Employing authentic materials such as short stories, news articles, and dialogues enhances the learning experience, making it more meaningful and culturally engaging.
- Confidence Building: Structured tasks that progress from reading to speaking help reduce the common fear of speaking among Uzbek learners.

Furthermore, this method supports the objectives of Uzbekistan's National Curriculum for Foreign Languages, which prioritizes communicative competence and the integration of the four language skills.

4. Discussion

Reading is a valuable resource for developing speaking skills in the foreign language classroom.

In Uzbekistan, where exposure to real-life English may be limited, combining reading and speaking activities helps enhance learners' overall communicative skills. Teachers are encouraged to implement authentic, learner-centered, and adaptable text-based speaking exercises tailored to local contexts.

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