



EFFECTIVE AND REWARDING TECHNIQUES IN TEACHING: THE METHODOLOGY OF USING THE "MOTIVATION BOX"

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Abstract: *This article discusses the "Motivation box" method developed for all teachers of schools and educational institutions under the Ministry of Public Education, focusing on its effective teaching methods, objectives, and tasks, as well as its methodological and didactic foundations, classification, integration with subjects, and utilization of innovative pedagogical technologies in the teaching process. It provides detailed information for educators to find solutions to various challenges they encounter in their professional activities and enhance the quality of their lessons using contemporary methods.*

Keywords: "Motivation box," method, effective teaching, project, modern teacher, energy in class, positive atmosphere, engagement.

The Strategy of Actions of the Republic of Uzbekistan prioritizes improving the quality of education and enhancing the competence of educators. Naturally, every educator faces various challenges and issues in their professional life in the constantly evolving spiritual world. Those who work diligently and possess sufficient knowledge are suited to meet the demands of the time in their activities.

Working towards innovation and creativity in pedagogical activities requires the guidance of methodological resources that provide assistance and direction. In order to benefit our teachers, especially those who have just started their careers or have limited experience, this article introduces new methods. Written in a style that is easy to understand and engaging, it differs from previously created methodological articles with its language and attractiveness.

In this context, I would like to mention the following thoughts by Henry Adams:

"Teachers affect eternity; they never know where their influence stops".

This publication provides detailed explanations of effective and quality teaching methods for every teacher. By using technology, not only can lessons be taught effectively but also various issues that arise during teaching can be solved using modern methods.

The advancement of technology emphasizes the importance of both quality teaching and sparking students' curiosity. As the era evolves rapidly, there is a growing need for critical thinking and the ability to make independent decisions as competent individuals among students. The new and modern methods mentioned in this article pay deep attention to improving the atmosphere in classrooms and effective teaching. By adopting newly designed and highly effective methods for education, any subject teacher can acquire the necessary knowledge and solve various issues that arise during the teaching process.

Therefore, in the present day, every educator must not only possess strong knowledge but also be equipped with engaging teaching technologies built on innovation. Educators



who have gained expertise through their knowledge and achievements achieve consistent success in teaching, fostering mutual cooperation. This resource also provides sufficient answers to these questions.

Educators who work closely with students, supporting their abilities and interests, always conduct activities with encouragement. Creating a positive atmosphere in class and the energy of the teacher contributes to improving the quality of teaching. Educators can use engaging teaching programs to leave a good impression. Furthermore, competent teachers who maintain sincere communication with their colleagues also improve their experiential knowledge. By being active in discussions, solutions to various issues that arise in professional activities can be found. To develop such qualities, it is necessary for educators to have confidence in themselves first. Each method mentioned in the article is designed to develop both the student and the teacher.

By adopting these methods, teachers can assess their capabilities and gain expertise in lesson quality.

The current education system differs significantly from previous teaching methods. Currently, students are adapting their teaching methods and approaches to classrooms in a way that suits the modern world.

In a world where technology is rapidly shaping our lives, even the mentality of young people is evolving in an innovative way. We, as educators, cannot rely solely on traditional teaching methods, which may lead to boredom for students and inefficiency in teaching.

The method “Motivation box”

First, let's familiarize ourselves with the concept of a method. The word “method” is derived from the Greek word “metodos”, which means a way of knowing or inquiry, theory, or education. In terms of essence, the concept of method refers to the formation of certain philosophical sciences as a set of methods of shaping, consolidating, learning, and knowing.

In simple terms, when described, a method can be accepted as a way or method that can be used to perform a task. From ancient times, humanity has been using methods, various techniques, in various aspects of life. The importance of this cannot be overstated. In detail, when a person uses a convenient and effective method to accomplish a task, the effectiveness of the action being performed is higher. Order and consistency in work carried out on the basis of a particular sequence and special continuity reflect efficiency. This can be seen in any field. Now, if we look at it from the point of view of pedagogy, the availability of teaching methods, or methods, based on a certain order, makes the process of transmission and acceptance more efficient. Indeed, each teacher must be sufficiently knowledgeable in this field for the purpose of uniformity.

For example, to engage students in the learning process, the “Motivation box” method can be used. First, we will explain the purpose and tasks, as well as the advantages of the method in detail. The essence of any teaching method is to shape independent and competent individuals in the classroom by delivering knowledge in an engaging manner. This is also the task of the method named “Motivation box”. The use of keywords and phrases that attract attention plays a significant role in attracting human attention. This method is significant as it is suitable for use with students of any age and in any subject



area. Providing motivation to students, inspiring them in the learning process, and encouraging interest are the priority tasks of this method. By examining how the method is used, let's look at its utilization in detail:

It can be used for all groups of students. It helps to create an enjoyable environment in the classroom. You will achieve surprising results.

How can you motivate students of various ages to learn?

Through various colored stickers or stars? No, certainly not! Colorful stickers are not interesting for these students. Can giving high marks motivate them? This method always fails. Students only get used to studying for grades. Can you help them achieve their goals? It could be a good method, but at this age, children have not yet fully understood the responsibility for their goals and careers.

Well, how do we motivate them? Pay attention! Young people want to be more attentive and respectful to those who pay more attention to them and appreciate their peers. Most students act with the aim of being the best in the class, being encouraged, and succeeding.

This method works great in exactly the same situation!

Encourage students who have actively participated in class or who have fully answered questions, tasks.

Therefore, in a large group, you place various types of cards in a beautifully decorated box. The cards should be written with the following sentences:

1. The best seat!

Allow the selected student to sit wherever they want for a day or a week. Of course, the students would like to sit in the first row.

2. Leadership!

Allow the student to be the class leader for one day or one week.

3. Extra break!

Allow the student to take an additional break of 5-8 minutes during class.

4. Skip homework!

Do not ask homework from a student during one lesson.

5. Selfie with teacher once! Have a conversation and take a selfie with one of your students. This opportunity will be unexpected and very interesting for the students. Therefore, it contributes to establishing a sincere relationship between the teacher and the students.

It is possible to expand this list according to the age and desires of the students!

You can also create a "Bouquet of punishments" in the same way. Instead of giving low grades to students, inform their parents, move their chairs, you can reward them with something they like. Or change the type of punishment. For example:

1. Increase attendance to class 10 minutes early for a week.

2. Clean the board for one day.

3. Do not go out for breaks for 2 days.

4. Be a volunteer for 3 days.

5. Do not eat your favorite candy. And so on.



Planting a tree for the easiest opportunity - it was 20 years ago and now. There is a deep meaning in the saying of the Japanese people. If you want to learn, start now. If you want to share the knowledge you have gained with others, it is not too late.

Why do students enjoy studying in class? Why do most of them pay no attention to learning? The answer to this can be as follows. If the environment in which a person is located is not suitable or is uncomfortable, they feel discomfort. He will try to get out of that situation as much as possible. This process is also reflected in the psychology of students. As a result of the fact that the classroom environment, whatever the situation in the classroom, does not appeal to the student, he engages in any activity that he finds interesting and attracts attention to himself.

It is not difficult for such situations not to occur, mainly depending on the competence of the teacher. If the teacher is not interested in the lesson, the student will not be interested either. As a result of learning this methodical guide, you will naturally learn about your weaknesses and strengths in the classroom. By using interesting methods, you will successfully pass your lessons and adapt to the favorite teacher.

In conclusion, it is worth mentioning that the best way to interest in learning is to interest in teaching!

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