



AN ANALYSIS OF THE STUDY OF THE INFLUENCE OF THE ROLE
DISTRIBUTION IN THE FAMILY ON INTERPERSONAL RELATIONSHIPS.

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Abstract: *the article describes how the role distribution in modern families depends on interpersonal relationships in the family, family relationships and their types.*

Key words: *family, family relations, upbringing, family roles, couple, parent-child, conflict.*

At the current stage of human development, the fact that people spend most of their lives at work, the acceleration of daily communication, the acceleration of people's lifestyles, and the increase in their mental stress and sensitivity require a high level of interpersonal culture [1]. It is also important in family relationships. Positive relationships in the family depend on the successful implementation of certain roles and functions for which family members are responsible. We focused on the analysis to what extent the distribution of roles in the family has a significant impact on interpersonal relationships in the family.

In young families, a couple's relationship is the most delicate and decisive form of the formation of a couple's relationship, which has its own territorial, ethnic, sexual, age and individual psychological characteristics. A couple's relationship, characteristic of this or that young family, may not suit another couple. Why is it? Because a couple who create a young family have a different system of interpersonal relations, brought up in families with different rules, and take as a model the family in which they grew up.

There are different types of interpersonal relationships in the family. The formation of such relations is formed from childhood, therefore it is very important to show children the correct model of relations between husband and wife. People take the scenario to their own families, seeing their parents' relationship. As our fathers and grandfathers said, "A bird does what it sees in its nest." For example, if the husband was brought up in a matriarchal family, and the wife was brought up in a patriarchal family, then this may lead to a conflict of interests, misunderstanding, contradiction, and as a result, they will not be able to satisfy each other's hopes and expectations, and their claims will increase. Let's look at some types of family relationships[4].

Child - parent. In such families, one of the spouses plays the role of a child, and the other looks at life from the position of an adult. The "child" can be upset, rebel, regain his independence, but at the same time rejects responsibility. "Adults" manage, control and solve daily and financial problems[2]. As a rule, this type of family relationship develops when one of the partners is significantly older than the other. At the beginning of a family



relationship, this arrangement may suit both of them. Problems arise when the "child" grows up or when the second partner refuses (gets tired) of the "adult" role.

Dependency. If a husband or wife is addicted to some harmful habits: alcohol, drugs, etc., the family members treat it as normal and completely obey. The negative side of this type of family relationship is characterized by the fact that "healthy" partners neglect their needs and desires even after they stop being "saviors".

Sadomasochism. This type of family relationship is very common - sadomasochism exists in many families to varying degrees. When parents physically punish their children, it becomes common for them to receive beatings from loved ones. And some even see them as a manifestation of love. That is why there are so many women who have endured years of abuse from their husbands.

An isolated family. Husband and wife set strict boundaries of their personal territory and do not even allow each other, it can be called a divided family. Outwardly, such a couple seems to be harmonious, respect each other's personal interests and territories, but over time, spouses become completely alienated and selfish.

Kinship family. If the spouses have similar interests, a common cause, and they understand each other implicitly, over time, their relationship can turn into a sibling relationship. As a result of this, love in a couple's relationship fades, and one of the couples may feel the need for another romantic relationship.

Mother in the role of father. In the 21st century, a strong woman has become popular, such an attitude can be called matriarchal family management. The mother and wife in the family are not in their place, and moreover, they cannot perfectly fulfill both their role and the inappropriate one. A woman is forced to make important decisions, she does all the tasks herself, because she cannot or does not want to transfer the responsibility to the man of the family. A confused relationship in the family [3] may cause difficulties for the children growing up in the family to adequately accept their original role in the future.

But when it comes to creating our own family, we sometimes know what we want to get from our parenting relationship and sometimes what we want to get rid of. That is why every family is unique and individual. We cannot say that success will be achieved with a specific methodology when working with the family.

We must not forget that any relationship is imperfect because we ourselves are imperfect. After the dispute is resolved, it does not matter who is right and who is wrong, it is necessary to put aside all grievances, leave them in the past, and remember that everyone can make mistakes. When your partner makes a mistake, separate his intentions from his actions.



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