



METHODS OF INCREASING MOTIVATION IN TEACHING ENGLISH

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Abstract: *This article analyzes effective methods, psychological approaches, and technology-based solutions aimed at increasing students' motivation in the process of teaching English. Motivation is presented as a key factor that shapes students' attitude toward learning. The paper also highlights the role of teachers' encouragement, game-based techniques, communicative activities, and innovative tools through practical examples to foster a positive attitude toward English language learning.*

Keywords: *Motivation, English language, teaching process, communicative approach, encouragement, game-based learning, innovative methods, psychological factors, student engagement.*

INTRODUCTION

In today's era of globalization, English has become not only a means of communication but also an essential tool for education, technology, and international cooperation. Therefore, the effective teaching of English within the school curriculum has gained great importance. However, the success of language teaching depends not only on the teacher's knowledge or chosen methodology but also directly on the level of students' motivation.

Motivation is an internal driving force that encourages students to learn, ensuring persistence, independence, and active participation in the learning process. In English lessons, raising students' motivation requires a combination of pedagogical skill, psychological sensitivity, and creativity. Particularly in the modern digital age, interactive methods, multimedia tools, game-based tasks, and reward systems have become powerful means of enhancing motivation.

Thus, the main task of the English teacher is to create an engaging learning environment where every student feels involved, capable, and eager to succeed.

The nature and types of motivation

Motivation is a combination of internal and external factors that drive a learner toward a specific goal. In pedagogical psychology, it is generally divided into two main types:

- Intrinsic motivation – when a learner enjoys the learning process itself, seeks personal growth, and takes pleasure in gaining new knowledge.
- Extrinsic motivation – when learning is driven by external rewards such as grades, praise from teachers or parents, or other tangible benefits.

An effective teacher combines both types of motivation, stimulating the students' internal desire to learn while supporting them with external encouragement.

Factors influencing students' motivation in learning English

Students' willingness to learn English depends on a range of factors, including:

- Teacher's personality and professional skill: A fair, supportive, and enthusiastic teacher can create a strong positive attitude toward the subject.



- Emotional classroom atmosphere: A friendly, stress-free environment encourages students to express themselves freely.

- Relevance of learning materials: Topics connected to students' interests and real-life situations increase engagement.

- Reward and recognition: Acknowledging small achievements and offering positive feedback—such as “Student of the Week” titles—helps build self-confidence and motivation.

Methodological techniques for increasing motivation

a) Communicative approach

The main goal of learning a language is communication. Through the communicative approach, students engage in real-life situations using English to ask questions, express opinions, and solve problems. Role-plays, dialogues, pair work, and group discussions make students active participants rather than passive listeners.

b) Game-based learning

Integrating games into lessons helps prevent boredom and stimulates competitive spirit. Activities such as “Spelling Bee,” “Word Chain,” “Find Someone Who...,” and “Guess the Word” not only improve vocabulary but also create a positive and enjoyable learning atmosphere.

c) Use of technology

Digital platforms such as Kahoot, Quizizz, Wordwall, and Duolingo can significantly boost motivation through interactive quizzes, challenges, and visual materials.

Moreover, using videos, audio resources, and mobile applications makes lessons more engaging and modern.

d) Encouragement and assessment

An effective motivation system focuses not only on final results but also on students' effort and progress. Praise, verbal recognition, certificates, and small rewards serve as strong motivators that inspire continuous improvement.

e) Creative tasks and project work

Assigning creative tasks—such as making short videos, preparing presentations, writing stories, or performing role-plays in English—fosters independence, collaboration, and self-expression, which naturally strengthen motivation.

The role of psychological approaches in enhancing motivation

Motivation is not only a methodological concept but also a psychological process. A learner's self-confidence, perceived success, and relationship with the teacher play a vital role in maintaining enthusiasm. Therefore, the teacher should:

- communicate in a supportive rather than punitive tone;
- treat mistakes as opportunities for growth rather than failure;
- consider each learner's individuality and pace.

By providing psychological support, the teacher helps students feel valued, capable, and confident—creating a solid foundation for long-term motivation.

Conclusion

In conclusion, increasing motivation in teaching English is a complex yet essential process that requires the teacher's creativity, pedagogical mastery, and psychological



sensitivity. Motivation is the driving force that pushes learners toward achievement and determines the effectiveness of the entire educational process. Therefore, English teachers must recognize that every student is unique, with different interests, goals, and learning styles. By understanding these differences and fostering curiosity, teachers can inspire students to take ownership of their learning.

In the digital era, using innovative technologies, interactive platforms, and gamified learning elements plays a crucial role in strengthening students' intrinsic motivation. Such tools make learning dynamic, enjoyable, and meaningful, encouraging students to participate actively and develop real communication skills.

Moreover, encouragement and positive reinforcement build learners' self-esteem and self-efficacy. Recognizing even small achievements gives students a sense of success, which fuels further motivation. A teacher who provides constructive feedback, celebrates progress, and maintains a supportive classroom atmosphere helps students believe in their potential.

Ultimately, motivation is not only about achieving high grades; it is about nurturing a lifelong interest in learning. When students are motivated, they become active thinkers, independent learners, and confident communicators. Thus, by integrating modern teaching methods, innovative technologies, and a positive psychological climate, teachers can cultivate sustainable motivation—ensuring that English language learning becomes both effective and enjoyable.

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